

Preparing for Your Surgery

ON THE DAY OF YOUR SURGERY, YOU NEED TO BRING:

1. Someone to drive you
2. Your health card
3. Velcro strap sandals to wear home (you will not be able to put on regular closed toe shoes)

AFTER YOUR SURGERY, YOU WILL NEED ON HAND:

1. Ibuprofen 200mg and Tylenol 500mg for pain (100 of each)
2. Unscented Epsom Salts (available at any pharmacy)
3. 2x2 Non-Sterile 2 ply sponge gauze (pack of 200 squares)
4. 4.1yds Non-Sterile Conforming Roll Bandage gauze (pack of 12 rolls)

You can purchase gauze at Shoppers Health Care locations

**If you have any questions or concerns prior to your surgery date, please
call your physician or visit the website at
www.overgrown toeskin.ca.**