



## Counselling Internship Application Form

Thank you for your interest in Pacific Centre Family Services Counselling Internship Program. Please fill out the following application form and return to [internship@pcfsa.org](mailto:internship@pcfsa.org) along with your resume. Applications are reviewed on a monthly basis, and you will receive an email within a month of submitting your application. Any questions regarding this form can be directed to our main email account above.

### Contact Information

Name:

Phone:  Email:

Address:

Pronouns:

### University Information

School:  Program:

Supervisor Name, Phone and Email:

Year:  Number of hours needed:

Desired Start and End Date of Internship:

Please check box to confirm you have read and agreed to the requirements of internship program:

Please explain how you anticipate managing the internship requirements into your daily schedule, taking into consideration all other current commitments:

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### PCFSA Counselling Internship Program Information

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Our internship program is designed to provide direct client experience in two of our general counselling programs: our Affordable Counselling program (adults) and our Email Counselling Program (youth). As you move forward in your placement, there are additional program options available to gain a variety of counselling experience. Please check off any of the following that you are interested in:

#### Individual/Couples/Family Counselling

- Couples Therapy**
- Family Therapy (with adult children)**
- Youth Counselling** – this program offers support to youth between the ages of 5 and 18. The program utilizes a family systems approach that can involve parents and can include family therapy.
- Substance Use Counselling** – this program offers counselling to individuals (19+) who feel they have a problematic relationship with substances or are working on relapse prevention.

#### Groups (please note, group scheduling varies, and these may not all be available during your internship)

- Stopping the Violence Group** – a weekly drop-in group for individuals who have experienced intimate partner violence and/or childhood sexual abuse (co-facilitator)
- Parenting Support Group** – psycho-educational parenting group (co-facilitator)
- Affected By Group** – a closed group for individuals supporting a loved one struggling with substance use (co-facilitator)
- LEGO Group**– LGBTQ+ Peer Support Group (co-facilitator)
- Other** – If interested, please describe a group that would interest you in developing and facilitating throughout your internship. Some examples of past groups include: a middle school girls' art group; a senior's art group; a youth employment skills group; a drop-in parenting group.

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What do you know about PCFSA and why are you interested in doing your internship with PCFSA?

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What unique skills and life experience do you bring to your internship?

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What supports do you need in place to ensure you meet your learning goals?

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A brief idea of what you are hoping to do once finishing your counselling degree:

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Any additional information you would like us to know about you (hobbies, culture, family, etc.)

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Are you currently certified in First Aid & CPR?      Yes \_\_\_\_\_      No \_\_\_\_\_

Do you have a valid CRC with Vulnerable Sector check?      Yes \_\_\_\_\_      No \_\_\_\_\_