



Counselling Internship Application Form

Thank you for your interest in Pacific Centre Family Services Counselling Internship Program. Please fill out the following application form and return to pacificcentre@pcfsa.org along with your resume and a signed copy of our Internship Requirements document. You will receive a confirmation email which will provide a timeline for our interview process. Any questions regarding this form can be directed to our main email account above.

Contact Information

Name:

Phone:

Email:

Address:

Pronouns:

University Information

School:

Program:

Supervisor Name, Phone and Email:

Year:

Number of hours needed:

Desired Start and End Date of Internship:

Please check box to confirm you have read and agreed to the requirements of internship program:

Please explain how you anticipate managing the internship requirements into your daily schedule, taking into consideration all other current commitments:



PCFSA Counselling Internship Program Information

Our internship program is designed to provide direct client experience in two of our general counselling programs: our Affordable Counselling program (adults) and our Email Counselling Program (youth). As you move forward in your placement, there are additional program options available to gain a variety of counselling experience. Please check off any of the following that you are interested in:

Individual/Couples/Family Counselling

- Couples Therapy**
- Family Therapy (with adult children)**
- Youth Counselling** – this program offers support to youth between the ages of 5 and 18. The program utilizes a family systems approach that can involve parents and can include family therapy.
- Substance Use Counselling** – this program offers counselling to individuals (19+) who feel they have a problematic relationship with substances or are working on relapse prevention.

Groups (please note, group scheduling varies and these may not all be available during your internship)

- Stopping the Violence Group** – a weekly drop-in group for individuals who have experienced intimate partner violence and/or childhood sexual abuse (co-facilitator)
- Parenting Support Group** – psycho-educational parenting group (co-facilitator)
- Affected By Group** – a closed group for individuals supporting a loved one struggling with substance use (co-facilitator)
- LEGO Group**– LGBTQ+ Peer Support Group (co-facilitator)
- Other** – If interested, please describe a group that would interest you in developing and facilitating throughout your internship. Some examples of past groups include: a middle school girls’ art group; a senior’s art group; a youth employment skills group; a drop-in parenting group.



What do you know about PCFSA and why are you interested in doing your internship with PCFSA?

What unique skills and life experience do you bring to your internship?

What supports do you need in place to ensure you meet your learning goals?

A brief idea of what you are hoping to do once finishing your counselling degree:

encourage possibilities



PACIFIC CENTRE FAMILY SERVICES ASSOCIATION

Any additional information you would like us to know about you (hobbies, culture, family, etc.)

Are you currently certified in First-Aid & CPR? Yes _____ No _____

Do you have a valid CRC with Vulnerable Sector check? Yes _____ No _____